



## **Donations Needed:**

Canned Meats (tuna, salmon, chicken, Spam, corned beef)

Canned Fruits (in light syrup or in it's own juice)

**Fruit Cups** 

Canned vegetables (string beans, butter beans, carrots, squash, peas, potatoes)

**Hearty Meaty Soups** 

Spaghetti Sauce

White & whole grain pasta

Hot and cold cereal, Grits

Peanut butter and Jelly

**Instant Potatoes** 

Brown and White Rice

100% Fruit/Vegetable Juice

1% or 2% Shelf-Stable Milk

Healthy Snacks (Granola Bars)

Canned or Dry Beans (baked, pinto, black, kidney)

Herbs/spices

Condiments (mayonnaise, ketchup, mustard, soy sauce, hot sauce & relish)

Kitchen essentials (cooking oil, flour, sugar, etc.)

Coffee, Tea, Cocoa, Cider

Baby Food and Formula

Other items:

**Paper Products** 

Hygiene Items